



Stage 1 Lubenham – Leicester Lane, Great Bowden 2.4 miles

Start from the green on the north side of the main road.

Follow wide track past Manor Farm.

At the top of the hill take the footpath on the right across a crop field, diagonally, to a stile across corner of field, over another stile and follow footpath with a pond on the left.

It is better to follow the main path along the hedgerows as the alternative path is undefined and across a crop field.

Carry on until you come into the corner of 2 hedgerows and turn left to the end of the hedgerow.

Follow the wide track that goes onto the canal, up steps at the wooden bridge (but not over the bridge).

Turn left along the towpath and over the field bridge which crosses the towpath to the opposite bank.

Carry on along the canal under the main road bridge, then under a field bridge to the bridge at Bowden Hall.

Come off the canal taking care, go left on the road and onto the changeover in Leicester Lane approx. 200 metres from the Bowden Hall bridge.